

**Inspired Living
Newsletter #2,
November 2009**



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First Ride Success

Our first cycle ride was great fun, with people of all ages attending from as far away as Marlborough. Here is a photo of the event; see who you can spot! We hope to have even more people for our next ride, which takes place on 8th November.



Next Ride Coming Up

Our next ride will take place on Sunday 8th November, meeting at the IBM Hursley Clubhouse. We will be meeting at 1.30pm to start promptly at 2pm, once again with a choice of routes, this time 2 options 10-15 and 25-30 miles on public roads and paths, returning by 4.30pm for our party (see below for more info on this). Routes can be seen on our website and will be available on the day. This is a relaxed social event with no special equipment needed although lights would be useful to have handy in case the light fails earlier than expected. There are showers and changing facilities available at the clubhouse if you wish to bring a change of clothes. There is no need to book in advance, just turn up on the day to meet other cyclists in the team. Please note you will be cycling at your own risk.

Charity Celebration

To celebrate us getting charitable status, we are having a fun celebration on Sunday 8th November at 5pm in the Hursley Clubhouse. This is just after our second cycle ride and will give you the chance to meet the team and find out more about our plans and steps. There will be a raffle for a bit of fundraising and fun. The event will officially end at 7:30pm but please join us in the bar afterwards for drinks. See our Events page for more details.

Website Revamp

Our website now has a new look, making it even easier to register interest or sign up with our new button! It looks like this:



Find us on Facebook, Twitter and LinkedIn

We have a page on Facebook, Twitter and LinkedIn, so you can get your updates from there. Just follow the links on the website.

Keep Spreading the News

Thank you for signing up for the project. We want as many people as possible involved in the project, so tell all your family and friends about us. You don't have to be an amazing cyclist to join, just enthusiasm and commitment to a great cause. Also, if you have any contacts or ideas for help or sponsors, then please let us know.

Volunteers

Everybody who is helping is doing so on a voluntary basis and in their spare time. If you have time, skills, experience or enthusiasm, we would love to hear from you. Please keep an eye out for requests for assistance in the near future.

<http://www.inspireliving.org.uk/>

